

# TIMOTHY JAMES RICCIARDELLO

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<b>EDUCATION</b>	<b>UNIVERSITY OF MICHIGAN</b> <b>College of Literature, Science and the Arts</b> Bachelor of Arts in Psychology, with Honors, August 2011 <ul style="list-style-type: none"><li>• Cumulative GPA 3.8/4.0</li><li>• <i>Relevant Coursework:</i> Psychopathology, Developmental Psychology, Positive Psychology, Personality Psychology, Psychology and Spiritual Development.</li></ul>	<b>Ann Arbor, MI</b>
	<b>University of Michigan School of Social Work</b> <ul style="list-style-type: none"><li>• Master of Social Work Candidate</li><li>• Cumulative GPA 3.9/4.0</li><li>• <i>Relevant Coursework:</i> Interpersonal Practice with Individuals, Interpersonal Practice with Groups, Mental Health with Adults, Elderly, and Children (DSM IV-V), Death, Grief, and Loss Therapy, Treatment of Sexual Dysfunctions.</li></ul>	
<b>TRAININGS</b>		<b>Ann Arbor, MI</b>
<b>December 2012</b>	<b>Mindfulness-based Psychotherapy Workshop</b> <i>Completed under the supervision of Lynn Sipher, ACSW, LMSW.</i>	
<b>December 2012</b>	<b>Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)</b>	
<b>November 2012</b>	<b>IMPACT: Evidence Based Depression Care, Online Training</b>	
<b>October 2012</b>	<b>National Institute on Alcohol Abuse and Alcoholism (NIAAA)</b> Online Training: <i>Helping Patients Who Drink Too Much</i>  <i>Final three trainings completed under the supervision of Brian E. Perron, PhD, University of Michigan, School of Social Work.</i>	
<b>EXPERIENCE</b>	<b>THE JEAN LEADWITH KING'S WOMEN'S CENTER OF</b> <b>SOUTHEASTERN MICHIGAN</b> <b>Clinical Intern Therapist</b> <ul style="list-style-type: none"><li>• Engaged with clients in individual therapy, practicing clinical skills involving assessment, diagnosis and treatment planning.</li><li>• Obtained treatment experience across a wide range of disorders including major depressive disorder, dysthymia, bipolar disorder, substance abuse and addiction, general anxiety disorder, post-traumatic stress disorder, and dissociative identity disorder NOS.</li><li>• Participated in 3+ hours per week of individual and group supervision with a cohort of other interns and experienced clinicians, exploring issues such as racism, sexism, discrimination, privilege, oppression, diversity and social justice.</li></ul>	<b>Ann Arbor, MI</b>
<b>September 2011- September 2012</b>	<b>WASHTENAW COUNTY ASSERTIVE COMMUNITY</b> <b>TREATMENT</b> <b>Clinical Case Manager Intern as Member of ACT Team</b> <ul style="list-style-type: none"><li>• Acted as a case manager for people suffering from debilitating mental illness such as schizophrenia, bipolar disorder and major depressive disorder.</li><li>• Utilized motivational interviewing and cognitive-behavioral therapy (i.e. behavioral activation and cognitive restructuring) in order to address and treat current problems.</li><li>• Facilitated art and shopping groups in order to employ creativity, socialization and independence, exploring clients' issues and struggles surrounding mental illness.</li><li>• Engaged in one-on-one clinicals with clients, providing insight in private sessions, conducting mental status exams, and enacting positive coping strategies for presenting problems and symptoms.</li></ul>	<b>Ann Arbor, MI</b>

- ADDITIONAL**
- Studied in Florence, Italy, focusing on European societies and art history while building language proficiency in Italian.
  - Regularly volunteered with the Detroit Partnership, interacting with the homeless and lower SES populations and helping to develop lower-end areas of Detroit.
  - Avid climber and member of the University of Michigan Rock Climbing Club.
  - Interests include: meditation, philosophy, guitar, slacklining, and biking.

- May-July 2010**
- MICHIGAN MENTORSHIP (ANGELL ELEMENTARY SCHOOL) Ann Arbor, MI**
- Student Mentor**
- Mentored kindergarten and second graders, including students with ADHD and autism, tutoring them in their studies and helping to develop their social and academic skills.
  - Discussed student files with the school psychologist, pinpointing student needs.
  - Redirected students who acted out, resolving conflict and maintaining classroom order.
  - Researched the development of autism, connecting findings with student interactions.

- Summer 2009**
- YMCA Jackson, MI**
- Day Camp Counselor**
- Encouraged social interaction between elementary school students, fostering the children's development of morals while being responsible for their well-being.
  - Mentored children struggling with issues such as bipolar disorder, ADHD and anxiety.
  - Managed large groups of children, employing conflict resolution to defuse contention. Led multiple excursions, and organized games and events to help edify the children.